



مدرسة وستمنستر
THE WESTMINSTER SCHOOL



ACTIVITY REPORT

Event:	Our Own Kitchen Garden		
Venue:	Home-Based Learning		
Date: 27 th November 2025 to 31 st March 2026	Year /Section: 1 – 13 (Whole School)		
No of Students participated: 2 students	Staff-in-charge: TWS Green Team		
Skills developed	<ul style="list-style-type: none">➤ Observation skills➤ Patience and care➤ Gardening skills➤ Environmental awareness➤ Healthy lifestyle awareness➤ Confidence and independence➤ Commitment and dedication		
Objective:	<p>The objective of this activity was to help students understand the process of plant growth, develop responsibility in caring for living things, and learn the importance of growing food at home. Through practical gardening experiences, students learned how to plant seeds, water them regularly, observe growth stages and nurture plants patiently until they were ready for harvest.</p>		

Report:

As part of the “**Our Own Kitchen Garden**” initiative, students participated in a home-based gardening project designed to provide practical learning experiences in growing edible plants. The activity encouraged students to connect with nature, understand the importance of sustainable food production, and develop responsibility through caring for living plants.

The project began with students selecting suitable edible plants and preparing containers or garden spaces for planting. They learned how to sow seeds correctly by placing them in soil, covering them appropriately, and ensuring adequate spacing for healthy growth. Students then followed a regular care routine, which included watering the plants, providing sufficient sunlight, and monitoring environmental conditions.

Throughout the activity, students carefully observed and recorded the different stages of plant growth. They witnessed seed germination, the emergence of sprouts, the development of leaves, and the gradual growth of healthy plants. By regularly monitoring changes and maintaining proper care, students gained a deeper understanding of the plant life cycle from seed to harvest.

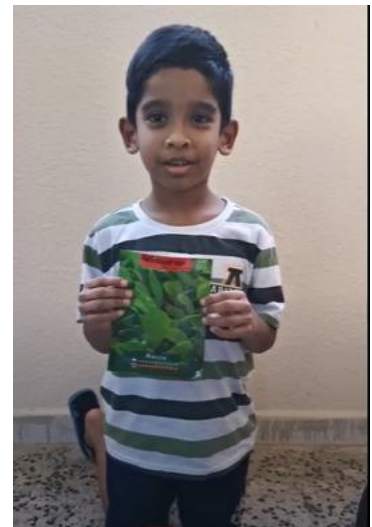
The project successfully achieved its objectives by helping students understand the basic requirements for plant growth, including sunlight, water, air, nutrients, and consistent care. Through hands-on experiences, students developed important skills such as observation, patience, commitment, responsibility, and gardening techniques. They also learned the value of healthy eating by growing fresh edible plants at home and gained greater awareness of environmental sustainability.

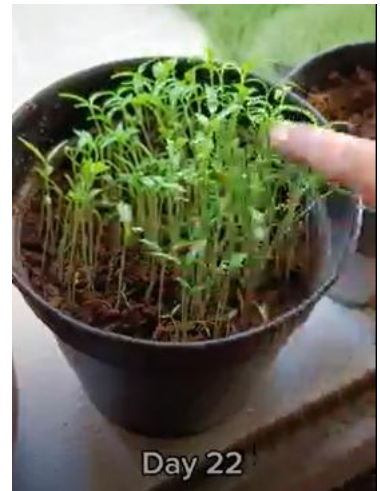
The activity provided meaningful opportunities for students to apply their learning in a real-life context. By nurturing plants over an extended period, they experienced the rewards of dedication and perseverance while developing confidence and independence. The project also strengthened their appreciation for nature and encouraged environmentally responsible practices that can be continued at home.

Conclusion:

Overall, the “**Our Own Kitchen Garden**” initiative was highly successful in promoting experiential learning, environmental awareness, healthy lifestyle choices, and practical life skills. Students actively engaged in every stage of the gardening process and demonstrated enthusiasm, responsibility, and commitment throughout the project.

Photos:





Student's Feedback:

I really enjoyed planting the rocca seeds and watching them grow every day. It was exciting to see the small sprouts turn into green leaves. I learned that plants need water, sunlight, and care to grow well.

- **Atheeq Sinnen (Year 2C)**

Making parsley seed balls and planting them was so much fun! I felt happy when I saw the first sprout appear. This activity taught me to be patient and responsible while taking care of my plant.

- **Ashar (Year 3B)**

Teacher's Feedback:

The 'Our Own Kitchen Garden' project was a wonderful hands-on learning experience for the students. Atheeq and Ashar showed excellent responsibility, patience, and dedication while caring for their plants at home. Their successful growth of rocca and parsley reflects their consistent effort and understanding of the plant life cycle. Activities like these help students develop practical life skills, environmental awareness, and healthy habits through meaningful learning experiences.

- **Ms. Maria Sawashere (Green Ambassador)**