



ACTIVITY REPORT

Event:	Earth Hour activity		
Venue:	Home based		
Date: 28-03-2026	Year /Section: 7-11 students		
No of Students participated: 7-11 Students	Staff-in-charge: TWS Green Team		
Skills developed	<ul style="list-style-type: none">○ Environmental awareness○ Critical thinking○ Creativity and communication○ Problem-solving○ Responsible citizenship○ Sustainable lifestyle practices		
Objective:	To raise awareness among students about the importance of energy conservation, responsible electricity usage, and environmental sustainability through discussions, quizzes, and age-appropriate activities aligned with Earth Hour.		

Report:

As part of the Earth Hour initiative, students from Years 7–11 participated in a series of engaging classroom activities designed to promote energy conservation and environmental responsibility.

Each year group began with a thought-provoking discussion focused on the importance of saving energy and protecting the environment. Students explored topics such as reducing electricity consumption, sustainable habits, renewable energy sources, carbon footprints, and the impact of individual actions on global environmental challenges.

Following the discussions, students completed an Earth Hour quiz tailored to their age group, testing their understanding of energy conservation, environmental protection, and sustainable practices.

To reinforce learning, students participated in creative follow-up activities:

- **Year 7:** Designed posters titled *“One Small Change I Will Make to Help the Earth.”*
- **Year 8:** Created slogans based on the theme *“Save Energy, Save Future.”*
- **Year 9:** Identified practical ways to reduce electricity usage at home.
- **Year 10:** Wrote reflective paragraphs on reducing their carbon footprint.
- **Year 11:** Designed mini awareness campaigns, including a campaign name, slogan, and action plan.

The activities encouraged students to reflect on their daily habits and recognise how small actions can contribute to a more sustainable future.

Conclusion

The Earth Hour activity was successful in increasing students' awareness of energy conservation and environmental sustainability. Through discussions, quizzes, and creative tasks, students demonstrated a strong understanding of the importance of responsible energy use and their role in protecting the planet. The initiative reinforced the message that small individual actions can collectively make a significant positive impact on the environment.

Photos:



5 EASY WAYS TO SAVE ELECTRICITY



• Set the AC Temperature Efficiently. Use a comfortable temperature.

• Turn off lights and equipment that are not in use.



• Choose electronic devices with energy saving labels.

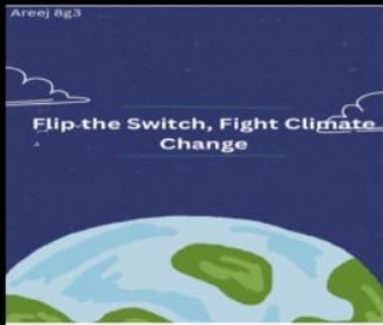


• Take advantage of sunlight for natural lighting during the day.

• Unplug the power outlet when not in use.

Yusra Zeeshan
7G5





Manahil Farhan 7:58 AM

- MF
- "One hour dark, a future bright."
 - "Flip the switch, rewrite the planet."
 - "Lights off. Hope on."
 - "Glow less tonight, shine more tomorrow."
 - "Power down to power up the Earth."
 - "60 minutes. Infinite impact."
 - "Darkness never looked so green."

Rida Irfan 7:58 AM

- RI
1. Switch it off, save the earth
 2. Unplug today, protect tomorrow
 3. Use the sun, energy helps
 4. Less energy, less heat, stop climate change
 5. Small actions, big impact

Lubabah Naeem 7:55 AM

- LN
1. Turn it off, help Earth shine.
 2. Unplug power, save our future.
 3. Use the sun, energy won.
 4. Less energy, more green.
 5. Save power, stop climate change.

Maryam Navid 7:55 AM

- MN
1. "Save power, save life!"
 2. "Don't waste energy—our planet needs it!"
 3. "Think green, act clean!"
 4. "Less energy, less pollution!"
 5. "Protect today, preserve tomorrow!"

Jana Mohamed Mamdouh 7:59 AM

- JM
- Switch off to cool the Earth
 - Unplug to stop the warming
 - Use daylight to stay green
 - Save energy to protect our home
 - Power down for a better climate

Sara Noushad 7:58 AM

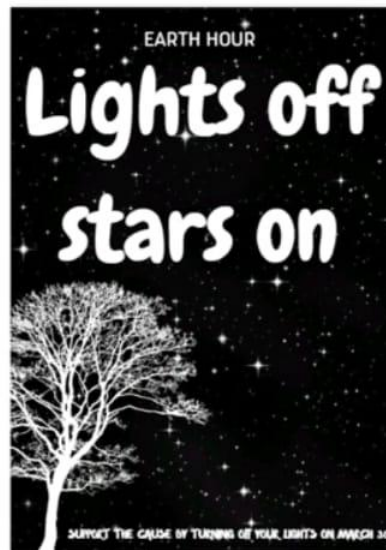
- N
1. Power down, planet up!
 2. Save power, save lives.
 3. Cut energy, not trees.
 4. Use less, live more.
 5. Small switch, big change.

Rida Irfan 8:01 AM

RI

One thing I learned today is saving energy helps slow down climate change and protect our Earth.

One thing I will do differently is turn off lights and unplug devices when I am not using them.



GREEN DAY QUOTE



'WHAT WE ARE DOING TO THE FORESTS
OF THE WORLD
IS BUT A MIRROR REFLECTION
OF WHAT
WE ARE DOING TO OURSELVES,

Mahatma Gandhi

Aaisha Ashraf

EARTH HOUR

**Darkness for Light: A
Global Connection.**

POWER DOWN AND LOOK ABOVE, SHOW
THE EARTH A LITTLE LOVE

OFF



ON

TURN OFF THE LIGHTS FOR
60 MINUTES

March 28

8:30PM - 9:30PM Local Time

JM MN AH RA HA KT

You Do


- Activity:**
- Create five original slogans that encourage people to save energy and protect the environment
- Slogans should be short, clear, and memorable
- Link your slogans to Climate Change

What to Include:

- A catchy phrase for each slogan
- Optional: A small illustration or symbol to support your slogan
- Make sure each slogan promotes energy-saving actions
- Use simple language so anyone can understand

Suggested Ideas for Inspiration:

- Turn off lights when not in use
- Unplug devices after charging
- Use natural light during the day
- Encourage family and friends to save electricity



Students will be able to explain how small daily actions can help protect the environment and evaluate their impact on energy conservation and climate change.

Kavitha Nair

10 of 12



TG AK HK DC MK MY HB

app.formative.com/formatives/69cb3d50c6b79b49d0c9a5a7/results

8G1 - Earth Hour 2026

Responses Insights

	TOTALS	1	2	3	4	5
Guest students						
Ayana Adeem	100%	█	█	█	█	█
Habiba Abdelrhman	100%	█	█	█	█	█
haya khalid	90%	█	█	█	█	█
Precious Udokwu	100%	█	█	█	█	█
Roshini Chalasani	100%	█	█	█	█	█
Abeer Khan	100%	█	█	█	█	█
Affa Moin	80%	█	█	█	█	█
Amaniah Nimshad	91%	█	█	█	█	█

Habiba Abdelrh...

10 Which is eco-friendly?

Using natural light

03/01/2026, 7:42 AM

1 / 1pt

11 Write 5 slogans: Save Energy, Save Future

"Save Energy Today, Secure Tomorrow's Future" "Turn Off the Light, Future's Delight" "Energy Saved is Future Secured" "Save Power, Save the Future" "Waste Today, Want Tomorrow: Conserve Energy Now"

03/01/2026, 7:43 AM

1 / 1pt

SAVE ENERGY



Be bright, turn off the light.

Aishā Murtāzā Khān -865

Earth Hour 2026

Sophia Gabrielle



SLOGANS

Respect Earth, Respect Life
Clean the air today for Earth's tomorrow
Better Environment, Better Tomorrow
Save the Earth, Save Yourself
Heal the Earth and Hold Back the
Heat



Tenacious Dreamer

Mar 31, 2026

Aaliyah

One thing I learned today is what happens during earth hour and it's importance

One thing I will do differently is to contribute in it and reduce my energy consumption



Quirky Emu

Mar 31, 2026

Dana Rakan

1) One thing I learned today is that action must come from every human on the planet, every small change matters

2) One thing I will do differently is conserving energy whenever applicable.



Aaliza

Mar 31, 2026

Aaiza

One thing I learnt today is the importance of conserving energy.

One thing I will do differently- I'll use less energy.



Loyal Platypus

Mar 31, 2026

Bimanya

One thing I learned today is importance of earth hour for our planet and awareness is avoidance without taking any action.

One thing I will do differently is conserve energy the best I can in my daily life and take part in earth hour.



Ridiculous ahem

Mar 31, 2026

Shazleen

One thing I learned today is that even small actions like turning off lights can help reduce energy use and protect the environment.

One thing I will do differently is be more careful about switching off lights and electronics when I am not using them.




Caldera Finder



Mar 31, 2026

Avanthika



I learned that collective action can strongly raise awareness about environmental issues like climate change, and I will start making small daily changes to reduce my energy use and live more sustainably.






"DON'T let the earth go
OFFLINE" 

"Be BRIGHT - turn off the
light"  

"UNPLUG today, protect tomorrow"

"No POWER wast, no PLANET
waste"  

"lights OFF, Stars ON"



Student's Feedback:

I learned that small actions, such as switching off lights and unplugging devices, can make a big difference to the environment. The activities helped me understand how I can contribute to saving energy and protecting the Earth. Marium Asad 9G4

Teacher's Feedback:

The Earth Hour activities successfully engaged students across Years 7–11 in meaningful discussions about energy conservation and environmental responsibility. Students demonstrated a good understanding of sustainable practices through their quiz responses and creative tasks. The activities encouraged critical thinking and helped students connect environmental issues to their daily lives. Kavith Nair -FT 8G3